

# THE CRAWLEY CLINIC

PSYCHOLOGICAL SERVICES

MELBOURNE | LAUNCESTON | RURAL OUTREACH | TELEHEALTH

Dr Joe Strange  
Big City Doctors  
Smallsville

01/05/2021

Dear Dr Strange,

**Re: Ms Sarah Smith - DOB 01/01/1990**

I have seen Sarah today for a 10th session this calendar year under her mental health care plan.

She continues to manage her anxiety well and make excellent progress with CBT, however she is still presenting with symptoms of anxiety, exacerbated by worries about future Covid outbreaks.

Therefore I recommend that Sarah has access to the extra block of 10 sessions available under Better Access, and welcome your rereferral of Sarah (in this instance for 10 sessions).

I will provide a progress report in due course, but please feel free to contact me if you wish to discuss.

Kind regards,

Dr Tess Crawley  
Clinical and Forensic Psychologist  
Director