

THE CRAWLEY CLINIC

PSYCHOLOGICAL SERVICES

MELBOURNE | LAUNCESTON | RURAL OUTREACH | TELEHEALTH

Dr Joe Strange
Big City Doctors
Smallsville

01/05/2021

Dear Dr Strange,

Re: Ms Sarah Smith - DOB 01/01/1990

I have seen Sarah today for her Xth and final session.

She has responded well to CBT for anxiety and now feels able to manage any future symptoms independently. Her final DASS scores indicated average results across all domains.

We have agreed that no further sessions are needed at this time, as such I discharge her back into your care.

Thank you again for your kind referral. I would welcome your rereferral in the future if Sarah requires further assistance.

Kind regards,

Dr Tess Crawley
Clinical and Forensic Psychologist
Director