



Mental Health Support for Aged Care Residents

- Aged care residents can access up to 20 subsidised individual psychological services each calendar year under the Better Access Initiative, until 30th June 2022.
- Services can be delivered face to face in aged care facilities or via telehealth.
- The mental health conditions that are eligible for aged care residents are the same as the eligible conditions for Better Access.
- Clients require a MHCP from a GP, or a Psychiatrist Assessment and Management Plan developed by a psychiatrist.
- The resident must have a valid referral before Better Access sessions commence.
- The referral should include:
 - Name
 - Date of Birth
 - Address
 - Diagnosis
 - List of current medications- if applicable
- The usual 6+4+10 model also applies to aged care residents.

Please see the [MBS factsheet](#) for the relevant item numbers and for more information.